MORRIS ARBORETUM & GARDENS

### Continuing Education

**Bringing Nature Home** Culinary Adventures **Creative Expressions** Health & Wellness Horticulture & Design ...And So Much More!

#### SCHOOL OF ARBORICULTURE

State 1

CEUs for Professionals page 35 ICEU

Look for courses with CEUs throughout the catalog.

### MORRIS ARBORETUM & GARDENS

The Morris Arboretum & Gardens of the University of Pennsylvania inspires an understanding of the relationship between plants, people, and place through education, research, and horticultural display.

As an irreplaceable public garden, the Morris provides a place of respite, beauty, and learning, where the joy and wonder of the natural world inspire all who visit to be enthusiastic ambassadors for plants. A vital part of one of the great research universities in the world, the Morris is renowned for its science aimed at understanding and conserving plants and ecosystems.



### at a glance

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### in focus

#### Bringing Nature Home Series

Moving past the WHY, this series of classes will explore HOW you can transform your garden, yard, or outdoor space into a thriving ecosystem that nurtures and supports a diverse range of plants, animals, and insects. Whether you're a land-care professional, an avid home gardener, or just getting started, join us at the Morris to discover simple, practical ways to make your home landscape more biodiverse—helping to restore balance, promote sustainability, and connect with nature right outside your door.

From creating habitat for pollinators and amphibians to choosing native plants and adopting land-care techniques that support local wildlife, this series will guide you through actionable steps to attract beneficial species, improve soil health, conserve water, and reduce the need for chemical inputs. By the end, you'll have the tools to cultivate a vibrant, resilient landscape that not only enhances your home's beauty but also contributes to the broader health of the environment.

#### *Ready to invite nature in? Let's get started!*

How Can I Help? (\*) Saving Nature with Your Yard

#### DOUG TALLAMY

Professor of Entomology at the University of Delaware; Author, Bringing Nature Home (2007), The Living Landscape (2014), Nature's Best Hope (2020), and The Nature of Oaks (2021).

Join author Doug Tallamy at Temple Ambler Arboretum for a deep discussion about concrete ways each of us can make a positive environmental impact.

Nearly every day Doug receives emails from people who have read his books and heard his talks and yet still have questions about ecological land care. These are good, thoughtful questions about ecology and evolution, biodiversity, invasive species, insect declines, native and non-native plants, conservation and restoration, residential and city landscapes, oak biology, supporting wildlife at home, and more.

Join us as Doug addresses as many of these queries as he can. His answers will further motivate and inform us all in our desire to restore ecosystem function where we live, work, play, worship, and garden. **1.5 LA CES and ISA CEUs available**.

This program will take place in-person at Temple Ambler Arboretum and will also be available livestream via Zoom and as a recording.

Tuesday, March 11 2:00 – 3:30 pm

Students / Young professionals / Subsidized rate: \$15 General admission: \$25 Professionals / Benefactor rate: \$35

This program is co-presented by Morris Arboretum & Gardens and the Temple Ambler Arboretum



#### Wildlife Ponds (ONLINE)

#### JOHN JANIK

Owner, Good Host Plants Native Plant Nursery

Ponds add beauty to the landscape and can provide important ecological services for the environment. Wildlife ponds, which don't incorporate fish, are used as a place to breed for frogs, toads, dragonflies, damselflies, and a host of other beneficial insects, which in return provide natural mosquito/pest control on your property. We'll discuss everything from small barrel ponds to liner and stormwater retention ponds, including planning, installation, maintenance, appropriate plants, and other tips to ensure success. This class will be held online. A Zoom link will be sent to all participants prior to the class.

Tuesday, March 18 6:00 – 8:00 pm

Members: \$30 Non-members: \$35

#### From Milkweed (\*\*\*) to Migration Gardening for Monarch Butterflies

#### MICHELLE DETWILER

Wild About Native Plants

Monarchs still need our help! Learn how to support the migration and reproduction of these iconic butterflies in your space. Ecological planting designer Michelle Detwiler will present her favorite native plants to feed all life stages, including local milkweed species as well as essential nectar plants often overlooked in our gardens. Get tips on planting design for the most productive habitat for monarch caterpillars as well as guidance on incorporating a variety of habitatfriendly species for wet-to-dry site conditions. Leave feeling empowered to participate in the necessary cooperation for habitat restoration and conservation to protect these endangered beauties.

This class has been approved to carry 2 LA CES CEUs for Landscape Architects.

Tuesday, March 25 6:00 – 8:00 pm

Members: \$35 Non-members: \$40



"[Michelle] was super informative and engaging...I very much enjoyed her presentation and how she accepted questions from the class."

2024 COURSE PARTICIPANT

### Ecological <br/> Marboriculture

#### CHRISTOPHER RODDICK

ISA Certified Arborist, NOFA AOLCP

Modern arboriculture recognizes trees as the center of tree-based ecosystem and yet, in practice, we all too often manage trees as isolated organisms. This workshop will introduce you to Ecological Arboriculture, a holistic approach to caring for trees, woody plants, and landscapes that considers trees as habitat, food sources, and ecosystem engineers. Planting strategies, species selection, and other arboriculture practices can be adapted to increase biodiversity and functionality in the landscape while still making beautiful spaces.

Christopher Roddick spent 30 years as the head arborist and foreman of grounds at the Brooklyn Botanic Garden. Now he's moved to southern New England to start Sweet Birch Land & Tree, an arboricultural consultancy and practice. By looking at trees as tree-based ecosystems, Chris follows a holistic approach to caring for trees and land called Conservation Arboriculture. Chris is an ISA Certified Arborist and a NOFA AOLCP. He is the author of the Tree Care Primer, a guide to care for young, mature, and veteran trees.

After a morning of learning indoors, we will move into the gardens for an afternoon of learning outdoors. Dress for the weather. **This course has been approved for 6 CEUs from the ISA, LA CES, and NJ Board of Tree Experts.** 

Friday, March 28 9:00 am – 4:00 pm

Fee: \$165



#### Native Bees at Morris

#### RYAN DRAKE

McCausland Natural Areas Manager, Morris Arboretum & Gardens

The Morris hosts a great diversity of native bees and ways to support these important insects. This workshop will be a hybrid of classroom learning about pollination ecology, field ID, and training on photography-based citizen science so that you can contribute data on our native bees. Then we will take a walk through the Natural Areas to put our ID skills and citizen science to practice through a variety of habitats. Wear sturdy shoes and dress for the weather.

Saturday, May 3 1:00 – 3:00 pm

Members: \$30 Non-members: \$35

#### Gardening for Native Wildlife

#### MITCH ROBERGE

Horticulturist & Artist

Learn how to create a welcoming environment for native wildlife in your garden in this informational seminar. Participants will learn what plants attract different species, and how to cultivate shelter and nesting sites for all walks of the animal kingdom. From birds and butterflies to snakes and toads—we will discuss them all! You will leave feeling empowered to transform your garden into a sanctuary for native wildlife, enhancing biodiversity and contributing to environmental conservation in your community. Whether you have a small urban garden or a larger rural property, this class will provide you with the tools to create a beautiful space that nurtures both plants and animals.

#### Wednesday, June 18 6:00 – 7:30 pm

Members: \$30 Non-members: \$35

### behind the scenes

#### Moonlight Discovery Walk

#### **BOB GUTOWSKI**

Former Director of Visitor Experience and Education, Morris Arboretum & Gardens

Just before the October full moon—the Hunter's Moon in old farmer's almanacs blooms in the sky, join us for an afterhours wander through the Garden. Discover tree silhouettes against the moonlight, listen to the sounds of the night, and maybe hear the hoot of an owl. Using red lights to keep our night vision intact, we'll see what plant details emerge once the sunlight has faded. This special after-hours experience will be led by Bob Gutowski, an experienced horticulturist, naturalist, educator, and Morris historian. We will stick to level paths and start from the Welcome Center.

Thursday, April 10 6:30 – 8:30 pm

Members: \$30 Non-members: \$35

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"It was great to get to experience the sights, sounds, and smells of the Arboretum at dusk, and with Bob leading the way...It was clear that Bob knew the Arboretum, and it was special to have him share his joy."

2024 COURSE PARTICIPANT

#### Off the Beaten Path Mushroom Walk with the Philadelphia Mycology Club

#### SAM BUCCIARELLI

President of the Philadelphia Mycology Club

Join the Philadelphia Mycology Club on a walk around the Morris to look for fungi growing behind the scenes of the main garden display! We will explore the grounds for fungi growing in the garden beds and amongst the trees and discuss how to document and identify them. We'll also discuss the important roles these fungi might be playing in the overall health of the gardens.

Leading the tour is Sam Bucciarelli, president of the club. Sam is an educator with a passion for ecology, especially as it pertains to fungi and the role they play in helping our ecosystems thrive. Sam grew up in the NJ Pinelands but brought their passion for all things wild to Philadelphia in 2017 and have been sharing that passion with others ever since.

#### Saturday, April 19 1:00 – 3:00 pm

Members: \$30 Non-members: \$35





#### Greenhouse and Fernery Behind the Scenes Tour

#### **KYRA MATIN**

Propagator, Morris Arboretum & Gardens

Go behind the scenes with Morris Arboretum & Gardens' Propagator Kyra Matin for an early spring tour of the greenhouse and propagation areas at the Morris. This tour will include a look into the greenhouses and the Dorrance H. Hamilton Fernery. Don't miss your chance to come inside these busy buildings that are usually closed to the public and hear about some of the special plants propagated for both display and research purposes. Kyra will share the history of the Fernery, stories of propagation successes and failures, and maybe even give you a sneak peek at upcoming projects!

Tuesday, April 29 10:00 – 11:30 am

Members: \$30 Non-members: \$35

### birding

#### Wintering Waterfowl at Barnegat Light

#### SHARON MEEKER

Experienced Birder and Trip Leader

Get outside and enjoy winter birding at Barnegat Light in New Jersey. Situated on the northern tip of Long Beach Island, it is a great place in February for seeing ducks. This area is a birding hotspot and as we walk along the Barnegat Inlet jetty, we hope to see common eider, harlequin ducks, long-tailed ducks, scoters, loons, and brant.

Bring your binoculars and a snack. Walking is required. We will walk over sand, rocks, and on uneven surfaces, so wear sturdy shoes. Dress warmly in layers. **We will meet in the parking lot of the Barnegat Lighthouse.** 

Friday, February 21 10:00 am – 1:00 pm

Members: \$45 Non-members: \$50





#### Birding Crossways Preserve at Dusk

#### SHARON MEEKER

Experienced Birder and Trip Leader

Crossways Preserve is a 57-acre haven for many species of plants and wildlife. Part of the Wissahickon Trails System, this spot in Blue Bell, PA, is a local favorite for birding! Let's see what types of early spring migrants have arrived and stay just past dusk to hopefully catch the woodcocks in their flight dance! Please bring a small flashlight as we will be traveling back to our cars after sunset. We will meet at the preserve on Cathcart Road, Blue Bell, PA 19422.

Friday, March 21 5:30 pm – dusk

Members: \$35 Non-members: \$40

#### Birds & Plants at Dixon Meadow

A Guided Walk

#### TROY BYNUM

Whitemarsh Foundation

#### ZACH GILLESPIE

Morris Arboretum & Gardens

Join us for a morning of exploring the birds and plants at the Dixon Meadow preserve. Instructors Troy and Zach will collaborate within their own expertise to provide a guided walk that touches on bird migration, meadow ecology, and more. Covering 14 acres of land, the Dixon Meadow Preserve includes a boardwalk measuring nearly two-thirds of a mile. The preserve is a haven for birders, walkers and those who enjoy the area's natural flora and fauna. **We will meet at the Dixon Meadow Preserve, 548 Flourtown Rd, Lafayette Hill, PA 19444.** 

Sunday, March 30 9:00 – 10:30 am

Members: \$30 Non-members: \$35





#### **Bluebirds** *Biology and Conservation*

#### BETSY NUTT

Bluebird Society of PA

Join us at the Morris for an engaging program discussing the biology of bluebirds and the habitat necessary for attracting them and conserving them. We will also talk about bird box monitoring and predator control. We will start inside and then take a walk through the Morris Wetland to see and discuss the bluebird boxes in the field. You may want to bring your binoculars!

Betsy Nutt is a member of the speakers' bureau of the Bluebird Society of Pennsylvania and is a Penn State master gardener volunteer. Many generations of Betsy's family have been involved with bird study and conservation. Her eldest son is a master falconer. She and her husband have always loved bluebirds and have established a bluebird trail on their small farm in Blue Bell. With an emphasis on the importance of native plants, Betsy is delighted to share with us her love for her birds and gardens.

Friday, April 4 1:00 – 3:00 pm

Members: \$30 Non-members: \$35



#### **Birding at the Morris** *Wetland Wednesdays*

#### SHARON MEEKER

Experienced Birder and Trip Leader

Explore some of the best spots for spring birding at the Morris Arboretum & Gardens! We will visit the Morris's natural areas including wetlands, meadows, and the woodlands along the Wissahickon Creek. These areas provide great habitat for a wide variety of birds year-round. We will see resident birds as well as migrating raptors, warblers, and sparrows. If time permits, we will also have a chance to look for birds in other arboretum habitats. These sessions are for beginning or experienced bird watchers.

Bring your binoculars. This class meets at the Morris. **Park in the meadow next** to the entrance kiosk and meet Sharon there. Sign up for one or multiple sessions.

SESSION 1 Wednesday April 16 8:00 – 10:30 am

SESSION 2 Wednesday, May 7 5:30 pm – dusk

SESSION 3 Wednesday, May 28 7:30 – 10:00 am

Members: \$25 for each session Non-members: \$30 for each session

#### Birding for Beginners at Peace Valley Nature Center

#### SHARON MEEKER

Experienced Birder and Trip Leader

Birders of all experience levels are welcome on a birding adventure to Peace Valley Nature Center in nearby Doylestown. A great place to go birding (especially for beginners!), Peace Valley has as its centerpiece beautiful Lake Galena and offers trails that wind through varied habitats, such as woods and meadows. More than 250 species of birds have been sighted at Peace Valley, including cardinals, woodpeckers, finches, titmice, sparrows, as well as osprey, cormorants, kingfishers, and a variety of ducks.

Bring binoculars if you have them and dress for the weather. **We will meet at the Peace Valley Nature Center Visitor Center, 170 North Chapman Road, Doylestown, PA 18901.** 

Thursday, April 24 5:30 – dusk

Members: \$35 Non-members: \$40



"Sharon is an expert birder and instructor... She is a maestro in her field. So lucky to have her as a teacher at Morris."

> BIRDING CLASS PARTICIPANT, OCTOBER 2023

#### DAMIEN RUFFNER

Program Manager for Urban Conservation, Audubon Pennsylvania

Come visit the Discovery Center and see the amazing variety of bird species found in and around the Strawberry Mansion Reservoir. Expert and novice birders are both welcome. We will look for birds in the midst of their spring migration. The Discovery Center is used by Audubon Mid-Atlantic for research and sciencebased conservation projects. It enables visitors to connect to Audubon's national and international conservation initiatives. Located on a major migratory stopover on the Atlantic Flyway for over 100 species of birds, it is a premier destination for birdwatching throughout the region. The tour will take us on a 1.5 mile walk around the reservoir.

Binoculars are available for loan. **We** will meet at the Discovery Center, 3401 Reservoir Drive, Philadelphia, PA 19121.

Saturday, April 26 8:00 – 10:00 am

Members: \$25 Non-members: \$30

#### Early Bird Birding at Prophesy Creek and Briar Hill Preserve

#### SHARON MEEKER

Experienced Birder and Trip Leader

Visit Briar Hill Preserve, see some spring migrants in the early morning light, and still get to your desk on time! Briar Hill Preserve, a beautiful piece of preserved land in the Wissahickon Watershed, is located next to Whitpain Township's Prophecy Creek Park. Together we will explore this forested and meadow habitat for spring arrivals. This park is known for its pristine ponds and connecting walking trails.

Wear sturdy shoes and bring binoculars. We will meet at Prophecy Creek Park, 205 W Skippack Pike, Ambler, PA 19002.

Friday, May 9 7:00 – 9:00 am

Members: \$30 Non-members: \$35

#### Spring Birding Trip to Bowman's Hill Wildflower Preserve

#### SHARON MEEKER

Experienced Birder and Trip Leader

Bowman's Hill Wildflower Preserve in New Hope, PA, has been a hotspot for birders in Bucks County for many years. More than 110 species can be seen over the course of a year, including 31 species of warblers during peak spring and fall migration. We will walk through the preserve, stopping at a wide variety of bird habitats.

The class fee covers admission to enter the preserve. Dress for the weather. Bring binoculars and a snack. **We will meet at Bowman's Hill Visitor Center, New Hope, PA 18938.** 

Thursday, May 15 8:00 am – 12:00 pm

Members: \$45 Non-members: \$50



#### Early Bird Birding at Robbins Park

#### SHARON MEEKER

Experienced Birder and Trip Leader

Just across from Temple Ambler's campus is a 38-acre township park and environmental education center. We will gather for some early morning birding, exploring the trails for spring migrants and nest builders. Bring a thermos of coffee and start your week off right!

Bring your binoculars and wear good walking shoes. **We will meet at Robbins Park, 1419 E. Butler Pike, Ambler, PA 19002.** 

Monday, May 19 7:00 – 9:00 am

Members: \$30 Non-members: \$35

#### Horseshoe Crabs & Birds on the Delaware Bay

#### SHARON MEEKER

Experienced Birder and Trip Leader

Join us for a full day of witnessing the spectacle of migrating shorebirds! We will meet at Reeds Beach, where a rich diversity of birds and other wildlife make this stop a must during a visit to the area. From the end of the jetty, you can see the length of the coastline from East Point to North Cape May. From there, we will carpool to several beaches on the Delaware bay as the tide comes in, bringing the horseshoe crabs in to spawn. We will finish our trip at Heislerville Wildlife Management Area for more shorebird viewing as the tide recedes.

Bring your binoculars, lunch and a water bottle; we will picnic at East Point Lighthouse! **Meet at the parking area next to the jetty at Reeds Beach (300 N Beach Dr., Villas, NJ 08251).** 

Thursday, May 22 10:00 am – 4:00 pm

Members: \$75 Non-members: \$85

### botany

#### Winter Tree Identification

#### PAM MORRIS OLSHEFSKI

Plant Records & Living Collections Manager, Morris Arboretum & Gardens

And you thought all trees looked alike in winter! Learn to see both the obvious as well as the more subtle characteristics that make winter tree identification interesting. The class will begin indoors at the Welcome Center with a lecture introducing essential identification techniques and a review of important winter characteristics such as bud morphology, habit, leaf and bundle scars, bark, and fruit. The group will then move outside for a stroll through the Morris to put your knowledge to work. Dress for the weather.

Thursday, March 27 10:30 am – 12:30 pm

Members: \$30 Non-members: \$35



## creative expressions

#### Color from Nature Botanical Ink Workshop

#### NICOLE DUPRÉE

Educator, Natural Materials Artist, and Creative Producer of Indigo in Green

Explore the Morris with natural materials artist Nicole Duprée to identify sources of color to make botanical ink. Bottle sensory experiences and connection with nature, then experiment with shifting the color of your handcrafted ink to create a plant-based color palette for drawing, printmaking, and fine writing.

Participants will have time to experiment with the different plants, shift pH to create new colors, and test your own inks on different kinds of paper. You will gain knowledge of colors that can be extracted from a collection of local plants, and how to make your own natural ink for drawing, writing, and botanical printmaking. You will leave with a small bottle of black walnut ink as well as a bottle of your own ink.

We will meet at the Welcome Center before heading out to explore plants in the gardens. Wear comfortable shoes and dress for the weather. Aprons are advised to protect against stains.

Saturday, April 12 10:00 am – 12:30 pm

Members: \$55 Non-members: \$60

#### Floral Arrangements from Riparian Buffers

Eat, Weave, and Conserve!

#### CAT PUGH

Forestry Educator, Penn State Extension

Join Forestry Educator Cat Pugh to learn how to grow your own art supplies in plantings along streams called riparian buffers. This hands-on course will be a mixture of classroom instruction, a riparian buffer walk, and a hands-on floral arrangement activity to introduce participants to a variety of plant species that can be harvested for food and art. No experience required, ages 12+. Please wear clothes you can get dirty and closed-toed shoes.

Friday, April 18 1:00 pm – 3:00 pm

Members: \$40 Non-members: \$45

#### Writing Poetry in the Garden

#### LORI LITCHMAN

Author, Teacher, Poet

Did you know that reading and writing poetry is good for your brain? And that being mindful in nature



has been shown to reduce stress and anxiety? In this workshop, we'll combine being mindful outdoors with writing poetry. Your brain will thank you as will your inner muse. Each session will start by reading a few poems for inspiration before setting out to mindfully observe the beauty of the Morris in May. Participants will receive weekly prompts and support to help craft poems. You'll have ample time to write and play with words to create poems drawn from your mindful observations of the natural world. Participants will also have the opportunity to share their poems with the group. You'll leave the class with tools to continue your mindful poetry writing as a regular habit. No background or previous experience writing poetry is necessary!

Lori Litchman is an outdoor writer and poet. She has an MFA in creative writing and is the author of 60 Hikes within 60 Miles: Philadelphia. She's a former high school English teacher who is passionate about helping others tap into their creative selves. She has trained at the Kripalu Center for Yoga & Health to be a Mindful Outdoor Leader.

Five Fridays, May 2, 9, 16, 23, 30 10:30 am – 12:30 pm

**Members:** \$150 **Non-members:** \$170

#### **Fused Glass Jewelry**

**JESSICA LIDDELL** Owner, Bella Mosaic

Make a colorful and unique piece of jewelry with the fused glass process, which layers and melts cut



glass together for luminous results. You will leave the class with pendants, pins, earrings and/or rings. This is a fun way to build up your jewelry collection or make gifts for friends. Have fun, get creative, and make something special! Instructor Jessica Liddell has been teaching art since 1995. She has exhibited her work nationally and has directed collaborative public arts projects in community centers, camps, and schools. This is a two-session class. In the first session of the class, we will work on our fused glass pieces. In the second session, we'll use some simple jewelry-making techniques and add hooks and beads to our projects.

Two Fridays: May 2, May 9 12:30 – 2:30 pm

Members: \$90 Non-members: \$95

#### Watercolor in the Garden Spring Observations

#### MITCH ROBERGE

Horticulturist & Artist, HSB Garden Designs, Calluna Plants & Gifts

Join us in the garden and learn the basics of watercolor in this 4-week seminar. During this course, you will complete one study per week, focusing on a different technique for capturing beauty in the natural world. Together, we will experiment with layering colors, creating texture, and building value as you find inspiration around the Morris Arboretum & Gardens. This class will be held outside, with an inside space available in case of inclement weather. A materials list will be emailed to all participants in advance of the class.

#### Four Saturdays: May 3, 10, 17, 24 10:00 am – 1:00 pm

**Members:** \$145 **Non-members:** \$160

#### Drawing Trees, Exploring Tree Forms

#### HENRY MARTIN

Artist and Art Teacher

What better way to herald the coming of spring than to draw outdoors, and where is a more magical place to do it than within the majestic trees of Morris Arboretum & Gardens? This class explores basic concepts designed to facilitate drawing for beginners and accomplished artists alike. Simply put, we use the trees to learn how to draw. We begin the first day with certain perceptual exercises that apply to all subject matter, and then proceed to discuss detailed aspects of the trees' anatomy, such as proportion, structure, branch patterns, foliage masses and sky holes, with the goal of arranging these visual components into a cohesive whole. Each class begins with exercises designed to warm up and hone our observational skills. Students then work at their own pace to take home a finished piece they can frame and treasure forever. A materials list will be emailed to each participant before the first class.

#### Four Mondays: May 5, 12, 19, 26 10:00 am – 1:00 pm

Members: \$150 Non-members: \$165







#### Appalachian Whisk Brooms

#### SARA ROBBINS

Fiber Artist and Educator

It's time to be swept away with spring and maybe even the cleaning that traditionally comes with it! For centuries brooms have filled multiple needs such as function, ritual and decoration. Join in the fun of this heritage handicrafts and make two whisk brooms—a traditional Appalachian turkey wing and a hawk wing. We will be using authentic broomcorn to make our brooms. You will also learn a little broom lore along the way. To practice we will begin with a small broom for dusting crumbs off the table, cleaning mushrooms or silk from corn. Next you will move on to making a second, more complex broom. You will go home with two brooms you will feel proud to have made yourself, and all the knowledge you need to continue this craft on your own!

Please note that moderate hand and wrist strength is a must for this class. We will also be using our feet as we will be working a 'kickwinder' which sits on the floor.

Thursday, May 22 1:00 – 4:30 pm

Members: \$85 Non-members: \$90

#### Intro to Songwriting Masterclass with Meghan Cary

#### MEGHAN CARY

Award-winning Songwriter, Artist, and Coach

Are you a creative intrigued by the craft of songwriting? Or a more seasoned songwriter looking for inspiration and a few new tools for your writer's chest? Join award-winning songwriter Meghan Cary at the Morris in a class designed to jumpstart your creativity and fuel your passion for writing. This workshop welcomes both experienced and aspiring songwriters, offering a supportive environment to dive into the art and craft of songwriting amidst the spring blooms and inspirational setting of the garden. Join us to experiment, refine your craft, and rediscover the joy of songwriting your muse will thank you!

Bring your instrument (if you'd like) and your creative spirit! You're also invited to bring a picnic lunch to enjoy in the garden after class.

Saturday, May 31 10:00 am – 1:00 pm

Members: \$75 Non-members: \$80



#### Smarter Phone Garden Photography

#### SARAH CLAXTON

Photographer, Educator, Author

Everyone is a photographer with a smartphone! Want to be a better one? Learn some technological fundamentals, photographic tips and develop a critical eye so you can take amazing pictures, no matter what kind of camera you have. No photography experience or special equipment is necessary—just your smartphone! In this workshop, you'll learn how to compose a great image using depth of field, quality of light and composition tips and tricks. We'll discuss lighting and composition particularly as it relates to landscape and environmental photography, using perspective and magic hour. Then we'll take a walk through the gardens to experiment with both instructor guidance and on our own. Open to all skill levels. Bring your phone!

Sarah Claxton has worked in the photo industry for 25+ years: as an editor for USA Weekend Magazine, commercial producer, photographer's agent + consultant, and of course, as a photographer.

Friday, May 30 10:00 am – 12:00 pm

Members: \$40 Non-members: \$45

#### Drawing Pollinators After Hours with Meg Lemieur

Grab a friend and your art supplies and join us at the Morris after hours for a fun evening of learning to draw pollinators! This workshop will guide you to draw these beautiful and important creatures by breaking down animal forms to their most basic shapes and learning to draw all your favorite details. From bats to bees to leaping lemurs, we will share lots of fun pollinator facts all while relaxing outside at Morris Arboretum & Gardens. We will meet at the Welcome Center and then move out into the garden to draw the pollinator sculptures on display in the Morris's Garden Railway. Bring a folding chair; a list of simple art supplies to bring a long will be emailed to all registrants.

Meg Lemieur is a Philadelphia artist whose mission is to celebrate the diversity, interconnectedness, and amazing feats of the natural world. Learn more about Meg on her website: meglemieur.com

This program will occur on three consecutive Tuesday evenings; register for each event separately or sign up for the whole series at a discounted rate.

#### Three Tuesdays, June 3, 10 and 17 6:00 – 8:00 pm

SERIES PRICE Members: \$115 Non-members: \$125

SINGLE SESSION Members: \$40 Non-members: \$45

# CULINARY ADVENTURES

### culinary adventures

#### Cooking with Chef Al Paris at Erdenheim Farm

#### AL PARIS

Professional Chef, Restaurateur

These demonstration classes will cover the creation of a meal focused on products from Erdenheim Farm. Each class will include a discussion

about how the food is raised or grown on the farm, followed by a cooking demonstration by Chef Al Paris, and finish with a chance to eat and savor the creation. Chef Al Paris has owned and created the culture and cuisine of 13 award-winning restaurants, most recently the Paris Bistro in Chestnut Hill. He believes that all cooks can create their own distinct cuisine through the clarity of their vision and the use of the freshest seasonal ingredients.

The class meets at the Sheep Barn parking lot at Erdenheim Farm (5051 Flourtown Road, Lafayette Hill, PA 19444).



**MENU:** Whole wheat honey oat dinner rolls; roasted yellow beet salad with farm greens and a warm maple dressing; chestnut pappardelle with farm chard, beef tenderloin, prosciutto and button mushrooms. For dessert Chef will serve a cranberry cornmeal-cream shortcake, waffles, and apple cider caramel. The meal features Erdenheim Farm beef, eggs, greens, and apple cider.

Saturday, January 25 12:00 – 3:00 pm

Members: \$120 Non-members: \$130

#### Lamb Pies

**MENU:** Caramelized shallot raisin egg biscuits; orange red onion fennel salad; individual lamb pies with flakey crust. For dessert we will make a quick tiramisu with ladyfingers. The meal features Erdenheim Farm lamb, eggs, and greens.

Saturday, February 22 12:00 – 3:00 pm

**Members:** \$110 **Non-members:** \$120

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"The instructor is excellent–shares recipes, techniques, answers questions, dispels wisdom about cooking and about life. He has a sense of humor and brings joy to the process."

2024 COOKING WITH CHEF AL COURSE PARTICIPANT

#### Eat the Weeds!

Foraging and Cooking with Tama Wong

#### TAMA MATSUOKA WONG

Forager, Meadow Doctor, Lawyer, Author, and Owner of Meadows + More

SPRING is the time when people are tired of winter root vegetables, but it is still too cold for most farmed vegetables. This is the perfect time to explore the bounty of forageable, delicious "weeds" right at our feet in the Mid-Atlantic region!

Join Tama for a morning of exploring the most delectable of these wild plants in the Morris's meadows. Tama will break down common assumptions about what is ugly, what is useless and what is unwanted by gleaning and making delicious use of unwanted 'weeds.' After an introduction. the group will go on a walk and learn how to forage for common spring edibles. You'll learn the historical background and harvesting tips of some of the most common wild edibles in the Mid-Atlantic region. Then Tama will discuss the cooking and preparation of these edibles, and we will share bountiful tastes of wild edibles. and ideas for incorporating them into every meal!

This program will be offered twice, once in early spring and once in late spring. Each class will explore different plants both in the field and on our plates!



EARLY SPRING Saturday, April 5 10:30 am – 12:30 pm

Members: \$50 Non-members: \$55

LATE SPRING Saturday, May 10 10:30 am – 12:30 pm

Members: \$50 Non-members: \$55

#### Healthy Holiday Treats for Passover and Easter

#### DOROTHY BAUER

Weavers Way Co-op Neighborhood Nutrition Team Member, Raw Food Chef

Are you making desserts for your Passover or Easter table? Ditch unhealthy ingredients and replace them with healthpromoting, nutrient-dense REAL food that will kick those sugar cookies to the curb! We'll make delicious holiday treats that folks won't believe are low-glycemic index, as well as dairy AND gluten-free. Truffles, pinwheel cookies and figgy pudding—everything will taste as good as it looks! Prepare to be amazed at how satisfying, nourishing, and delicious healthy food can be! Please contact us in advance with any food allergies or intolerances. Don't forget to bring your sweet tooth and a to-go container!

Dorothy Bauer spent most of her adult life in Berkeley, California, where she was able to take classes at Living Light Culinary Institute and study with world raw-food chef Elaina Love.

Monday, April 7 6:00 – 7:30 pm

Members: \$45 Non-members: \$50



#### Foraging Fun on Cresheim Trail

#### **ALLISON HOUGHTON**

Garden Educator; Owner, The Sparrow Underground

Even though there are thousands of edible species out there, we modern-day humans focus on less than 100 cultivated plant species for the majority of our diets! What flavors, delicacies, and nutrientdense deliciousness do we miss? A lot. Come join Allison for the first of two deep dives into the incredible wild edibles all around us and some of the history on why we eat what we eat and some enticing reasons (and recipes) for why we should try these wild foods. We'll learn about species like Japanese knotweed, turkey tail mushrooms, black walnut, elderberry, garlic mustard, among others!

This class meets at High Point Café at the Allen Lane Train Station. Bring sturdy walking shoes, a curious mind, and a sense of adventure!

Friday, April 11 9:00 am – 12:00 pm

Members: \$35 Non-members: \$40

#### Foraging Exploration along the Woodland Trails at the Morris

ALLISON HOUGHTON

Garden Educator; Owner, The Sparrow Underground

This second program with Allison will walk some of the lesser-known trails at Morris, through the arboretum's natural lands, along the Wissahickon Creek, and around the Morris Wetland. We'll learn about species like common milkweed, morels, chickweed, nettles, wild bergamot, and juneberries, among others!

This class meets at the Morris Wetland. Park in the meadow next to the entrance kiosk and meet Allison there.

Friday, May 2 9:00 am – 12:00 pm

Members: \$35 Non-members: \$40



"Allison's passion and excitement about the subject was contagious."

PAST CLASS PARTICIPANT

#### Botanical Mixology Sunset Horticultural Happy Hour

#### LIZ AUBRY

Bartender, Bar Lizette

Spring Forward into a treasure trove of cocktail ingredients. With the frost lifting, the home gardener has plenty of fresh ingredients to turn into seasonal cocktails. From fresh herbs and flowers to early harvest produce, learn how to bring your spring garden to the glass.

This class will focus on flavor combinations and cover techniques and ingredients accessible to the home bartender, all surrounded by the beautiful backdrop of Morris Arboretum & Gardens at sunset! This class is not to be missed (and is for ages 21+).

Sunday, May 4 6:00 – 8:00 pm

Members: \$60 Non-members: \$65

#### Make Water Kefir

#### DOROTHY BAUER

Weavers Way Co-op Neighborhood Nutrition Team Member; Raw Food Chef

Water kefir is a slightly sweet and fruity drink that is easy to make! Milder and less acidic than kombucha, water kefir is packed with probiotics and can be an excellent addition to a well-rounded diet. In this class, you'll learn how to make your own home brew of this tasty probiotic beverage for a fraction of the store cost. We will cover the health benefits and the many flavoring possibilities, not to mention the gift potential. **Each participant will go home with a kit that** 

### includes everything you need to start your own batch (except the water).

Dorothy Bauer spent most of her adult life in Berkeley, California, where she was able to take classes at Living Light Culinary Institute and study with world raw food chef Elaina Love.

Monday, May 5 6:00 – 7:30 pm

Members: \$45 Non-members: \$50

#### Succulent Cupcake Decorating

#### MITCH ROBERGE

Horticulturist, Artist, Educator

Learn the basics of cupcake decorating and impress your friends and family with cupcakes that look like a variety of succulents and cacti! In this two-hour workshop you will learn everything from making silky Swiss meringue buttercream to creating the perfect swirl of frosting decorated with detailed hand-piped floral techniques. A materials list will be emailed to all participants in advance of the class.

Saturday, May 31 1:00 – 3:00 pm

Members: \$45 Non-members: \$50



### Mad for Mushrooms

#### DOROTHY BAUER

Weavers Way Co-op Neighborhood Nutrition Team Member, Raw Food Chef

Join us for a mushroom-focused evening of culinary exploration! This program will dive into the delicious and healthful qualities of mushrooms and explore their preparation in several different delectable ways. We'll make (and taste!) savory mushroom jerky, umami mushroom crackers, and even mushroom-based beverages. If you are as enamored by our fungal friends as we are, you'll love this class. Tastings and recipes included!

Dorothy Bauer spent most of her adult life in Berkeley, California, where she was able to take classes at Living Light Culinary Institute and study with world raw food chef Elaina Love.

Monday, June 9 6:00 – 7:30 pm

Members: \$45 Non-members: \$50



### growing minds

#### Growing Minds at Morris Arboretum &

**Gardens** is a program series for kids and families that inspires a sense of wonder about the natural world within the beautiful setting of the Morris. The classes represented in this section offer children and their caregivers the opportunity to connect meaningfully with nature through a wide variety of creative and educational programs. Parents and caregivers are asked to stay with children for classes.

#### Seeds to Sprouts Spring Adventures! (Ages 2-4)

**REBECCA SILVEY** Environmental Educator

Children ages 2-4 and their favorite caregiver are invited to join us to explore the outdoors and learn about some fun early science subjects like leaves, weather, soil, and insects. In each class we will take time to do an age appropriate activity and read an engaging story outside in nature! Class occurs rain or shine so please dress



"Rebecca is amazing with kids."

SEEDS TO SPROUTS CLASS PARTICIPANT



for the weather and bring sun protection and water. In the case of extreme weather we will move indoors.

As we will be going on adventures on uneven terrain, we ask that all participants wear sturdy shoes and leave strollers behind. Siblings should register as participants.

Please arrive 15 minutes before the class start time so you can find your way to our starting spot at the Fairy Garden.

Six Mondays: April 14, 21, 28; May 5, 12, 19 10:30 – 11:15 am

Members: \$140 Non-members: \$160

#### Children's Yoga

Whimsical Woods (ages 2-7 years)

#### ERIN PARK

Children's Yoga Instructor, Youth Educator

Join us for Whimsical Woods Yoga, a fun adventure for kids ages 2-7 and their families! In this playful class, kids will explore the arboretum, do fairy and gnome poses, dance like magical creatures, and make nature-inspired drawings. We'll also take an imaginary journey to meet friendly animals and build cute mushroom homes for fairies and gnomes. It's a wonderful way to spark creativity and love for nature. Come discover the magic of the woods!

Erin Park is the playful yoga guide who brings joy and laughter to children's adventures! Having a children's yoga certification and over 10 years of teaching experience working with children in an educational environment, she decided to mix her love of both. She creates magical classes filled with storytelling, games, and imaginative poses that nurture young hearts and minds. Certified in childfriendly yoga techniques, Erin fosters confidence, creativity, and connection in every child, empowering them to explore movement and mindfulness with curiosity and kindness!

Arrive a few minutes early to allow for time to walk to the class location in the Whimsical Woods. Caregivers can choose to either participate alongside of their children or simply sit with them during the program.

Thursday, April 17 11:00 am – 12:00 pm

Members: \$30 Non-members: \$35



### Children's Yoga

Garden Guardians (ages 2-7)

#### ERIN PARK

Children's Yoga Instructor, Youth Educator

Join us for Garden Guardians Yoga, a fun class for kids ages 2 to 7! Little yogis will explore animal and plant poses like Frog, Butterfly, and Sunflower, all while learning about the importance of protecting nature. We'll have playful discussions about how they can be "garden guardians" at home and in their communities. Come enjoy the beauty of the Morris and connect with nature in this delightful outdoor experience!

Erin Park is the playful yoga guide who brings joy and laughter to children's adventures! Having a children's yoga certification and over 10 years of teaching experience working with children in an educational environment, she decided to mix her love of both. She creates magical classes filled with storytelling, games, and imaginative poses that nurture young hearts and minds. Certified in childfriendly yoga techniques, Erin fosters confidence, creativity, and connection in every child, empowering them to explore movement and mindfulness with curiosity and kindness!

Arrive a few minutes early to allow for time to walk to the class location in the Whimsical Woods. Caregivers can choose to either participate alongside of their children or simply sit with them during the program.

Saturday, May 3 1:30 – 2:30 pm

Members: \$30 Non-members: \$35

#### Firefly Night! (All Ages)

#### STEPHANIE BRUNEAU

Assistant Director of Adult Education, Morris Arboretum & Gardens

Did you know that fireflies are not flies, but are actually beetles? Or that our planet is home to over 2,200 firefly species, and that over 30 species can be found in PA? Or that "glow worms" are actually firefly larvae, and can be found lighting up the soil all around us at night if we only know where and how to look? Come join bug enthusiast and Morris staff member Stephanie Bruneau for an all-ages program all about fireflies. We will explore the natural history of fireflies, ways of observing and telling them apart, and what we can do to make our gardens more "glowing." The program will conclude with a short night walk in the garden where we will look for these magical bugs and see their light-flash conversations in person.

Tuesday, June 24 7:30 – 8:45 pm

Members: \$25 Non-members: \$30

### YOU CAN HELP

- Turn off outdoor lights in the evening, especially during firefly season!
- Don't use twinkly lights outside in the summertime
- When you mow your grass, raise the length of the cut to 4 inches
- When leaves drop in the fall, rake them if you want but keep them in your yard
- Avoid pesticides for insect control

### health and wellness

#### Walking with the Seasons

*The Rhythms and Nature of Spring Within and Around* 

#### MARGARET KINNEVY

Naturalist, Community Nurse Educator, Doctor of Acupuncture and Chinese Medicine

This curated set of walks begins as winter recedes and signs of spring begin to emerge all around (the first class will take place on the date of the Spring Festival celebration on the lunisolar Chinese calendar). Our experience on each walk will look and feel different as the seasons change.

Together we will venture a few steps off the paved pathways, to the hiddenin-plain-sight areas where you will wish to return for quiet contemplation or to delight in spring's crescendo of blooms and scents. Throughout this spring season two new areas of development will rise before our eyes: the new pollinator garden installation and the expansion of the witchhazel area.

You will learn easy ways to stay warm outdoors in the cooler seasons and find a sense of peace and well-being as the spring emerges both in the natural world and within yourself. Register for each session individually or sign up for the whole series. **Note: These Monday sessions are not consecutive, but every other Monday as the winter turns to spring.** 

We will meet at the Welcome Center. The class is all outdoors and will be held rain or shine. Dress for the weather!

5 Mondays, February 3, 17; March 3, 17, 31 11:00 am – 12:30 pm

SINGLE-SESSION REGISTRATION Members: \$25 Non-members: \$30

SERIES REGISTRATION Members: \$120 Non-members: \$145



#### Natural Cycles, Family Rituals

#### JUDE THACHET

School Outreach Coordinator, Morris Arboretum & Gardens

Many of us want to build strong bonds and create lasting memories in our families, but how? Looking to the natural world can help us create small rituals that connect to something larger and foster a sense of belonging. Program leader Jude Thachet, for example, travels with her family to Bombay Hook Wildlife Refuge every Black Friday to see the snow geese in migration. It is less commercial than the mall and is an expression of what her family values: fun, the outdoors, being together.

For this workshop, we'll use the spring equinox to explore how we might create family traditions that remind us of our connection to nature and our intentions for each other. We don't all have to take an annual road trip to the middle of Delaware, but we can all think about our family's values and how we want to express them!

Jude, from Morris's Education Department, will lead participants through a fun and joyful process of identifying what's important in your family, connecting those values to nature, and developing simple but intentional ways to enact and embody them. After some guided and playful exploration and discussion, the group will engage in an activity planting a living basket that can be used as a focal point for your family's celebrations. It will grow and change with the seasons and reflect your unique family identity. This program is for adults only.

Saturday, March 22 10:00 am – 12:00 pm

Members: \$25 Non-members: \$30

#### **Meditation in Motion**

AIMÉE ALEGRÍA BARRY

Owner, Centaur Tai Chi

Join instructor Aimée Alegría Barry for a workshop in meditation techniques that work through movement and breath to calm both mind and body. This course is ideal for people of all skill levels who are dealing with stresses and seeking new ways to feel more present and embodied. The program will include qi gong stretches, tai chi walking, guided meditation and more, all in the midst of spring's unfolding in the gardens. Sign up for each session individually or register for all three at a discounted rate.

Saturday, April 19 10:30 – 11:30 am

Saturday, May 17 10:30 – 11:30 am

Saturday, June 21 10:30 – 11:30 am

SINGLE CLASS Members: \$30 Non-members: \$35

SERIES PRICE Members: \$80 Non-members: \$90

#### A Taste of Tai Chi

#### AIMÉE ALEGRÍA BARRY

Owner, Centaur Tai Chi

Are you curious about tai chi? Join us for a one session outdoor tai chi 'taster' with the beauty of the Morris as a peaceful backdrop as you learn more about this martial art practice. Tai chi, a series of postures done slowly, promotes balance, flexibility, and strength. Tai chi is known as a soft martial art because it emphasizes a calm mind and relaxed body. No prior tai chi experience is needed. **Meet at the Welcome Center. Dress for the weather.** 

Thursday, April 24 10:30 – 11:30 am

Members: \$30 Non-members: \$35

#### Tai Chi in the Springtime Garden

#### AIMÉE ALEGRÍA BARRY

Owner, Centaur Tai Chi

Join us for an outdoor tai chi series, with the beauty of the unfolding springtime at Morris as a peaceful and grounding backdrop for your practice. Tai chi, a series of postures done slowly, promotes balance, flexibility, and strength. While teaching the tai chi form, Aimée Alegría Barry introduces the yin and yang



principles that underlie this martial art. Tai chi is known as a soft martial art because it emphasizes a calm mind and relaxed body.

All levels welcome. Classes will be held outdoors with an indoor option available for weather.

### Meet at the Welcome Center. Dress for the weather.

Six Thursdays: May 1, 8, 15, 22, 29; June 5 10:30 — 11:30 am

Members: \$110 Non-members: \$120

#### **Qigong Taster** *Find Your Element*

#### KELLY McLEOD

Holden Qigong Certified Teacher; Founder, Chee Gong with Kelly Kel

Curious about gigong but not sure if it's right for you? Join experienced practitioner Kelly McLeod for this introductory session and discover its potential to help you feel grounded, revitalized, and at ease. Kelly will walk you through gigong postures and movements while also explaining some of this healing art's history, the Five Elements theory that motivates it, and the science behind how it helps to regulate the nervous system and promote relaxation. After learning and practicing the opening movements of the Five Elements form, you'll finish with a guided meditation. Come to deepen your understanding and to experience the power of gigong to help you feel energized and balanced.

Wednesday, May 7 10:30 – 11:30 am

Members: \$30 Non-members: \$35

#### **Five Elements Qigong**

#### KELLY McLEOD

Holden Qigong Certified Teacher; Founder, Chee Gong with Kelly Kel

Join experienced practitioner Kelly McLeod for six weeks of Five Elements Qigong amidst the tranquil beauty of nature at the Morris Arboretum & Gardens. Embrace the arrival of spring with this ancient Chinese art for fitness and healing, through routines that will include breathing techniques, warmups, stretching, invigorating exercises, gentle flowing movements and a brief closing meditation. Each session will let you explore the Five Elements theory of gigong as you connect your energy with the energy of the natural surroundings to feel grounded, revitalized, and at ease. Regardless of your prior experience, all are welcome to join and rejuvenate your mind, body and spirit.

Six Wednesdays, May 14, 21, 28; June 4, 11, 18 10:30 – 11:30 am

**Members:** \$110 **Non-members:** \$120

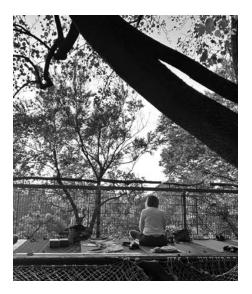
#### Yoga in the Treetops

#### MAURA MANZO

Yoga and Meditation Teacher

Join experienced yoga instructor Maura Manzo for this one-of-a-kind yoga experience on the Out-on-A-Limb exhibit at Morris, suspended 50 feet above ground and surrounded by a canopy of trees, colors, sights and sounds.

This unique practice will be tailored to all skill levels and focuses on poses that promote rootedness, connection, and



mindfulness. Human beings are deeply connected to trees and have much to learn from them, as well. Class will end with an extended guided relaxation inspired by one their greatest teachings: there is beauty that comes from letting go.

This treetop yoga experience is a wonderful way to combine the physical and mental benefits of yoga with the beauty and serenity of the natural world. You are invited to come early to class and explore the Morris's walking trails and gardens as part of your experience.

Thursday, May 15 5:15 – 6:30 pm

Thursday, June 26 5:15 – 6:30 pm

Thursday, July 24 5:15 – 6:30 pm

Thursday, August 21 5:15 – 6:30 pm

PRICE PER SESSION Members: \$35 Non-members: \$40

#### Yoga in the Garden

#### JENNIFER SCHELTER

Teacher, Writer, Artist, and Founder of The Radiant Retreat

Have you seen the incredible summer view from the grassy plateau, surrounded by blue sky, hemlocks and beech trees, facing



west from Morris toward Erdenheim Farm? That setting and view provides the backdrop for this unique opportunity to study gentle yoga led by Jennifer Schelter, one of Philadelphia's premier yoga teachers. A master yoga teacher, writer and artist, Jennifer has taught for 26 years. Her philosophy is to practice for longevity and aging gracefully. She offers a rare embodied and poetic quality of metaphor, and inspiration for creative, mindful living. The yoga practice





"I have been doing yoga for 25 years and Jennifer is the best yoga teacher I have ever had. She is calm and understanding and her classes are rewarding."

#### PAST YOGA IN THE GARDEN CLASS PARTICIPANT

is both for the body as well as for the opportunity to reflect on one's own heart, intention and truth.

Participants learn the basics of yoga: breathing, mindfulness meditation, balance, strength, flexibility, core awareness, and deep relaxation. All are welcome, including beginners. Please bring a yoga mat, a towel to place under your mat, and wear comfortable clothes. In inclement weather the class will meet indoors. Each monthly registration includes four sessions. Register for both sessions for a summer of inspiration, health and zen.

SESSION 1 (4 WEEKS) Mondays: June 9, 16, 23, 30 5:15 – 6:15 pm

Members: \$85 Non-members: \$95

SESSION 2 (4 WEEKS) Mondays: July 7, 14, 21, 28 5:15 – 6:15 pm

Members: \$85 Non-members: \$95

\*Single-session walk-ins welcome on fair-weather days \$25 (no member discount). Walk-in registration: Exact change cash payment is required; please arrive 10-15 minutes early.

### horticulture & design

#### Residential Landscape Design Workshop

#### LEE ARMILLEI

Landscape Designer; Principal, Athyrium Design

Want to create a thoughtful, inspired landscape that works for you and your family for years to come? Join professional landscape designer



Lee Armillei, APLD, in this two-day workshop on residential landscape design. Through a combination of lecture and drawing exercises, students will follow a systematic approach to the design process and learn key design principles. Students will then lay out patios, paths, planting beds and more in their individual projects.

A detailed list of required materials will be sent to students prior to the first class. Please bring your own lunch.

#### TWO FRIDAYS

January 24, 31 (Snow Date: February 7) 10:00 am – 3:30 pm

Members: \$175 Non-members: \$185

#### Rose Care Basics and Pruning Demonstration

#### VINCE MARROCCO

Gayle E. Maloney Director of Horticulture, Morris Arboretum & Gardens

Gorgeous summer roses start with latewinter garden preparation and planning. This class begins with an overview of rose care including pruning, planting, fertilizing, and disease prevention. A pruning demonstration will follow, and then you will have the opportunity to practice pruning in Morris's Rose Garden. This class meets at the Welcome Center and then goes outdoors to the Rose Garden. Be sure to dress for the weather. Bring your hand pruners, gardening gloves, and kneeling pad.

Saturday, March 8 10:30 am – 12:30 pm

Members: \$35 Non-members: \$40

#### Successful 🐵 Stormwater Solutions

#### JOHN MAJDIC

Landscape Designer, GreenWeaver Landscapes

Is your home landscape ready for spring showers? Join us for a timely program exploring practical strategies for managing stormwater on a residential scale. You'll learn a range of approaches, from straightforward measures like reducing turf areas to more advanced solutions such as incorporating planted bioswales. You will leave with an understanding of a variety of green infrastructure techniques that could be implemented on your own property. We will explore plant selection and planting techniques and move through a number of successful case studies that illustrate the aesthetic and environmental benefits of sustainable stormwater management in residential settings.

Uncontrolled stormwater runoff poses a significant threat to local watersheds, contributing to pollution and ecological degradation. Effective management strategies are crucial for restoring our lands to functional ecosystems. With approximately 83.9 percent of Pennsylvania's land under private ownership, much of it residential, homeowners play a pivotal role in regional habitat stewardship!

John Majdic is a landscape designer with GreenWeaver Landscapes. His specialty is incorporating ethical stormwater management, native plantings, and habitat gardens into his plans in an artful manner. **This program has been approved to carry 2 LA CES and ISA CEUs.** 

Thursday, March 13 6:00 – 8:00 pm

Members: \$35 Non-members: \$40

#### **Beekeeping 101**

#### EDIAN RODRIGUEZ

Erdenheim Farm Beekeeper

Are you curious about bees, but unsure if you are ready to raise them on your own? This in-depth five-part class offered throughout the beekeeping season covers all you need to know to set up and care for bee hives in your own backyard. We will meet once a month through the spring, and then once in the fall to learn about getting bees ready for the winter



months. The five sessions will include:

Introduction to Beekeeping Saturday March 15 10:00 am – 12:00 pm

Installation of the Bees Saturday, April 12 10:00 am – 12:00 pm (timing is weather-dependent and this date may change!)

Inspection of the Established Hive Saturday May 10 10:00 am – 12:00 pm

Honey Harvest! Saturday, June 14 10:00 am – 12:00 pm

Winterizing the Hive Saturday, September 13 10:00 am – 12:00 pm

A full course itinerary with descriptions of each session is available upon request.

Classes meet at the Sheep Barn parking lot at Erdenheim Farm.

Members: \$250 Non-members: \$275

#### Pruning for the Homeowner

#### VINCE MARROCCO

Gayle E. Maloney Director of Horticulture, Morris Arboretum & Gardens

Learn to skillfully prune shrubs and small trees to achieve a natural shape and abundant flowering. After an indoor lecture, you will have the opportunity to see demonstrations designed to help you master pruning concepts and gain confidence. Formative pruning for young trees and proper pruning techniques for larger, older trees will be covered, as well as naturalistic techniques for creating attractive hedges and methods for reducing the size of overgrown shrubbery. Please bring hand pruners and a small pruning saw to the class.

Saturday, March 21 9:30 am – 12:00 pm

Members: \$35 Non-members: \$40

#### **Green Thumbs in the Garden** *Hands-On Plant Propagation &*

Transplanting Workshop

#### **BOB GUTOWSKI**

Former Director of Visitor Experience & Education, Morris Arboretum & Gardens

Join former Director of Education Bob Gutowski in his own lush garden at the height of the vibrant spring season for hands-on experiential learning to hone your skills in plant division and transplanting techniques. Take away gardening tips along with plants that you'll have divided or dug as part of the workshop. This practical workshop will include sun and shade, meadow plants, ground covers, border plants, and possibly some woody treasures, depending on what we find ready and waiting for you in Bob's garden. Come deepen your horticultural knowledge under the guidance of an expert green thumb! Exact address (in Flourtown) will be provided for registrants before the class. Bring a lunch, and dress to garden!

Saturday, April 26 10:00 am – 1:30 pm

Members: \$70 Non-members: \$80

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"Bob's class was amazing with lots of demos and hands-on help mixed in with information on plant names, care, and propagation. So appreciated Bob's kindness in sharing plants!"

2024 COURSE PARTICIPANT

#### Oaks in the Landscape

*Exploring the Versatility of our Native Quercus Species* 

#### ANDREW CONBOY

Certified Arborist & Founder, Colonial Canopy Trees

From dry ridge tops to swamp margins to serpentine barrens, our native oak species (Quercus) thrive in an exceptionally wide range of



environmental conditions. Oaks serve as important keystone species throughout much of the United States, and their ecological value is unrivaled. Despite this, oaks are often underutilized outside of ecologically oriented native-plant landscapes. In this course, we will explore the versatility of our PA-native oaks in the landscape. We'll learn about each species' preferences and discuss how you can implement more in your designs, projects, and gardens. We'll then walk through the Quercus collection (Quercetum) on the Bloomfield Farm side of the arboretum to check out various majestic specimens!

This class has been approved for 2 CEUs with ISA, LA CES, and the New Jersey Board of Tree Experts.

Friday, May 9 1:00 – 3:00 pm

**Members:** \$30 **Non-members:** \$35

#### Wings of Wonder Creating a Natural

Hummingbird Haven

#### MICHELLE DETWEILER

Wild About Native Plants

Learn how to make your space a haven for hummers! Curious about the life history of this fascinating bird? Interested in providing the natural conditions to support successful migration, foraging, and nesting in your yard? Did you know that you can see hummingbirds in your space from spring through late summer without an artificial nectar feeder?

Ecological planting designer, Michelle Detwiler will present her favorite list of native plants for seasonal blooms—an irresistible buffet for this high-energy avian.

The class will end with a walk to see if we can spot some hummingbirds amidst the plantings growing to attract them in the Morris gardens!

Saturday, May 10 1:00 – 2:30 pm

Members: \$30 Non-members: \$35



#### Native Plants & Pollinators Tour at The Discovery Center

#### DAMIEN RUFFNER

Program Manager for Urban Conservation, Audubon Pennsylvania

Join Audubon Mid-Atlantic at the Discovery Center for a native plant tour. We will be guided through the property to see the native plants, smell the native flowers, and look for our native pollinators that call the Discovery Center home. This tour will also look into future plans of site care at the Discovery Center and look at invasive species of plants they are trying to eradicate. The tour will take us on a 1.5 mile walk around the reservoir—wear good walking shoes!

Friday, June 21 10:00 am – 12:00 pm

Members: \$30 Non-members: \$35

#### Native Azalea Talk and Walk

#### TREVOR SCHULTE

Azalea Meadow Horticulturist, Morris Arboretum & Gardens

Join us at Morris for a talk-and-walk exploring the arboretum's collection of native azalea! First, we will learn about horticulturist Trevor Schulte's recent trip scouting Rhododendron prunifolium (plumleaf azalea) across their native range in Alabama and Georgia. In this trip, Trevor joined a group from Holden Forests and Gardens to help update GPS coordinates, survey plant populations and health, and search for new populations of this beautiful and fragrant native plant. The trip was successful and they found plenty of shrubs in full bloom, along with lots of other cool plants!

After a short period of learning indoors, we will head into the garden for a guided walk to see (and smell!) this beautiful plant in our collection.

Friday, July 25 10:00 am – 12:00 pm

Members: \$25 Non-members: \$30



### school of arboriculture

Increase your tree and landscape knowledge! The School of Arboriculture's courses, which offer CEUs for arborists and landscape architects, keep you at the forefront of your profession. Classes are open to professionals and novices alike and are taught by national leaders in their field of expertise.

### An Introduction to <br/> Fruit Tree Pruning

#### DAN LURIE

Erdenheim Farm Manager and ISA Certified Arborist

This class will cover the basics of winter pruning of apple and peach trees. The discussion will include how fruit trees grow and produce flowers and fruit, pruning tools, and a demonstration of pruning large mature fruit trees; followed by a hands-on portion of the class where each student will prune a young peach tree.

The class is held at Erdenheim Farm. Class is outside so please dress appropriately and bring pruning shears.

This class has been approved for 2.5 CEUs with ISA, LA CES, and the New Jersey Board of Tree Experts.

Wednesday, February 26 10:00 am – 12:30 pm

Members: \$60 Non-members: \$65 Life After Death (\*) The Importance of Dead and Dying Trees

#### SAMANTHA NESTORY

Engagement Manager and Naturalist, Stoneleigh: a natural garden

Most people are familiar with the innumerable benefits of living trees, but even after their death, trees provide vital habitat, shelter, and food for wildlife. Join us as we learn how dead and dying trees still teem with life, from tiny termites to fantastic flying squirrels and everything in between! This program will begin inside with a lecture and discussion, and then move outside to explore the way Stoneleigh has worked to incorporate dead wood into its landscape projects and native plantings.

This program will take place at Stoneleigh, a former private estate located in Villanova. Stoneleigh is an intriguing blend of historical landscapes overlayed with beautiful new gardens designed to support and nurture our local ecology. Stoneleigh's Engagement Manager Samantha Nestory holds ecology and entomology degrees from the University of Delaware and is passionate about ecological gardening, native plants, and conservation.

We will meet at Stoneleigh, a natural garden, in Villanova, PA. This program has been approved to carry 2.5 CEUs from ISA, LA CES, and the NJ Board of Tree Experts.

Tuesday, April 8 1:00 – 3:30 pm

Members: \$40 Non-members: \$45



#### Ecological 🝥 Arboriculture

#### CHRISTOPHER RODDICK

ISA Certified Arborist, NOFA AOLCP

Modern arboriculture recognizes trees as the center of tree-based ecosystem and yet, in practice, we all too often manage trees as isolated organisms. This workshop will introduce you to Ecological Arboriculture, a holistic approach to caring for trees, woody plants, and landscapes that considers trees as habitat, food sources, and ecosystem engineers. Planting strategies, species selection, and other arboriculture practices can be adapted to increase biodiversity and functionality in the landscape while still making beautiful spaces.

Christopher Roddick spent 30 years as the head arborist and foreman of grounds at the Brooklyn Botanic Garden. Now he's moved to southern New England to start Sweet Birch Land & Tree, an arboricultural consultancy and practice. By looking at trees as tree-based ecosystems, Chris follows a holistic approach to caring for trees and land called Conservation Arboriculture. Chris is an ISA Certified Arborist and a NOFA AOLCP. He is the author of the *Tree Care Primer*, a guide to care for young, mature, and veteran trees.

This class will meet in the Welcome Center at the Morris Arboretum & Gardens. After a morning of learning indoors, we will move into the gardens for an afternoon of learning outdoors. Dress for the weather.

This class has been approved for 6 CEUs with ISA, LA CES, and the New Jersey Board of Tree Experts.

Friday, March 28 9:00 am – 4:00 pm

Fee: \$165

#### Introductory 🐑 Tree Climbing

#### PETER FIXLER

Chief Arborist, Morris Arboretum & Gardens

This class provides an introduction to tree climbing and features the opportunity to have supervised climbing instruction in trees. It is ideal for tree companies looking to advance promising grounds staff, or for gardeners and landscapers who want to add new skills. Effective methods for climbing trees will be demonstrated by instructors and practiced by students. Safety rules will be reviewed and stressed. Students will learn how to tie critical knots regularly used by arborists.

If you have them, bring an arborist's rope and saddle, a hard hat, gloves, and safety glasses to the class. If not, there is equipment you may use. Wear boots, long pants, and dress for the weather. **This class will meet at the Bloomfield Farm Horticulture Center before heading outdoors.** 

This class has been approved for 6 CEUs with the ISA, LA CES, and the NJ Board of Tree Experts.

Friday, April 25 9:00 am – 4:00 pm

Fee: \$165

Oaks in the Landscape 🐑

*Exploring the Versatility of our Native Quercus Species* 

#### ANDREW CONBOY

Certified Arborist & Founder, Colonial Canopy Trees

From dry ridge tops to swamp margins to serpentine barrens, our native oak species (*Quercus*) thrive in an exceptionally wide range of environmental conditions. Oaks serve as important keystone species throughout much of the United States, and their ecological value is unrivaled. Despite this, oaks are often underutilized outside of ecologically-oriented nativeplant landscapes. In this course, we will explore the versatility of our PA-native oaks in the landscape. We'll learn about each species' preferences and discuss how you can implement more in your designs, projects, and gardens. We'll then walk through the *Quercus* collection (Quercetum) on the Bloomfield Farm side of the arboretum to check out various majestic specimens!

This class has been approved for 2 CEUs with ISA, LA CES, and the New Jersey Board of Tree Experts.

Friday, May 9 1:00 – 3:00 pm

### For more courses with CEUs available, look for the following programs:

- Successful Stormwater Solutions (2 CEUs, March 4, 2025) on p. 31
- How Can I Help? Saving Nature with Your Yard (1.5 CEUs, March 11, 2025) on p. 3



### trips

#### Magnolia Magic at Laurel Hill East

#### **AARON GREENBERG**

Arboretum Manager, Laurel Hill Cemeteries

Join us on a tree tour highlighting the magnolia collection at Laurel Hill East, one of Philadelphia's very special places. Laurel Hill Arboretum Manager Aaron Greenberg will show us enormous, beautiful trees and other plantings that have been added recently as the cemetery increases its magnolia collection and its commitment to horticulture. Laurel Hill has an assemblage of ~200 specimens of magnolia that recently has been dedicated as the Paul Meyer Memorial Magnolia Collection. This collection is the result of a donation from Meyer, the former executive director of the Morris, who died in 2023 and is buried at Laurel Hill. and his wife, Debra Rogers. The tour will include a walk through some of Laurel Hill's magnolia collection that should be in full bloom, as well as discussion of basic botanical characteristics, best cultivation practices, good species for your home landscape, and interesting insights into the history and management of the cemetery's magnolia collection. Aaron will also highlight other interesting specimens of Laurel Hill's living collection and discuss some of the challenges and opportunities of managing a cemetery arboretum.

Established in 1836 as the second major garden-designed cemetery in the U.S., Laurel Hill is now the nation's first National Historic Landmark cemetery. Laurel Hill's natural beauty, serenity, and views of the Schuylkill River make it a great place to go for a peaceful walk or retreat from the city. This beautiful green space is complemented by the breathtaking art, sculpture, and architecture that can be found there. Parking is available within the cemetery and at 3751 Ridge Avenue, Philadelphia, PA 19132. We will meet at the Gatehouse courtyard at the cemetery's main entrance at: 3822 Ridge Avenue, Philadelphia, PA 19132.

Tuesday, March 18 10:00 am – 12:00 pm

Members: \$35 Non-members: \$40



#### Shofuso Cherry Blossom & Japanese Garden Tour

#### SANDI POLYAKOV

Head Gardener, Shofuso Japanese House and Garden

Shofuso Japanese House and Garden, located in .Philadelphia's West Fairmount Park, is a 17th century-style Japanese house with traditional Japanese-style gardens. Originally designed for the Museum of Modern Art in the early 1950s, Shofuso was brought to Philadelphia in 1957 and resides on the site of the first-ever Japanese style garden in North America, built for the 1876 World's Fair. Join Sandi, head gardener at Shofuso, to learn about that history, see the beautiful cherry blossoms, and understand the intricacies of traditional Japanese-style gardening, an art form dating back more than a thousand years. We will meet at Shofuso in West Fairmount Park (Lansdowne Drive & Horticultural Drive).

Thursday, April 10 1:30 – 3:30 pm

Members: \$35 Non-members: \$40





#### A Private Tour of Brandywine Cottage

#### DAVID CULP

Gardener, Author, Lecturer, and Designer

Meet at historic Brandywine Cottage in Downingtown, PA, for a personal tour of David Culp's famous layered garden. You can look forward to seeing *Galanthus* (snow drops), other early spring ephemerals, emerging spring bulbs, and hellebores.

David Culp is the creator of the gardens at Brandywine Cottage in Downingtown, Pennsylvania. He has been lecturing about gardens nationwide for more than 25 years. David is a former contributing editor to Horticulture magazine and served as chairman of the Mid-Atlantic Hardy Plant Society. David is vice president for Sunny Border Nurseries in Connecticut. He is the author of the book *The Layered Garden*, published by Timber Press.

Thursday, April 17 10:30 am – 12:00 pm

Members: \$40 Non-members: \$45

#### TRAVEL ABROAD WITH THE MORRIS!

#### Vancouver & Victoria

#### JULY 21-28, 2025

Situated in the Canadian province of British Columbia, and nestled between the North Shore Mountains and the Strait of Georgia, the vibrant city of Vancouver is filled with glass skyscrapers, parks and forests that reflect the city's blend of cosmopolitanism and natural beauty. Across the water, Victoria—the capital of British Columbia, full of Edwardian architecture—is a charming city and popular tourist destination, known as "The Garden City."



Explore both cities and learn about their British, European and Asian traditions, their First Nations heritage, and their natural beauty. Your tour will be hosted by Vince Marrocco, of the Morris Arboretum & Gardens, and designed and led by Destinations and Tours LLC. Highlights include visits to VanDusen Botanical Garden, Butchart Gardens, and whale watching in the Salish Sea.

#### New Zealand

#### JANUARY 10-28, 2026

Take the trip of a lifetime by traveling to New Zealand with friends from the Morris Arboretum & Gardens. Leave winter behind and head to the Southern Hemisphere for long summer days to experience stunning gardens and some of nature's most spectacular scenery. For 30 years, local landscape architect Richard Lyon has been leading groups to experience his native New Zealand. Highlights of the trip include more than 10 private garden visits, Auckland Botanical Gardens, Mount Cook, Doubtful Sound, and Mount Aspiring National Park, as well as opportunities to enjoy locally produced world-famous sauvignon blanc and pinot noir.

To learn more about both trips contact Alison Thornton, Senior Associate Director of Development, at alisonth@upenn.edu or 215-247-5777 ext. 105.

### general class information

#### **REGISTERING FOR CLASSES**

To register online, visit www.morrisarb.org/classes.

To register by phone, have your credit card ready and call us at (215) 247-5777 ext. 125.

You do not need to be a member to register for classes, but if you would like to, please visit www.morrisarb.org/membership, and add a membership to your online basket. You can then register for your classes at a discount.

#### Age Policy

Except where noted in our course catalog, all classes are for ages 18 and up.

#### LOCATION OF CLASSES

The Morris Arboretum & Gardens is located in the Chestnut Hill section of Philadelphia. For further information or directions, call (215) 247-5777 or check our website at: www.morrisarboretum.org.

All classes will be held at the Welcome Center unless otherwise noted. Parking areas may be reached from the Garden entrance off Northwestern Avenue. Students should arrive at least 10 minutes before the start of the class to allow time to park and check in. Please note: Parking adjacent to the Welcome Center is sometimes at full capacity on nice weather weekends. When you visit you may be required to park at the bottom of the hill and be shuttled up to the garden. If you are a person with a disability and require accommodation to participate in classes, please contact us at (215) 247-5777 ext. 125 Monday through Friday. For people who use TTY, please call PA Relay: (800) 654-5984.

**Directions to classes at the Bloomfield Farm Horticulture Center:** Turn onto the paved road across E. Northwestern Avenue from the public garden main entrance. Take the second right and park in the parking lot. Follow the paved sidewalk to the Horticulture Center.

#### **REFUND AND CANCELLATION POLICY**

To receive a refund for a class you must call (215) 247-5777 ext. 125 at least five business days before the class or trip start date. There will be a \$5 processing fee for each class or trip withdrawal and a \$20 fee for School of Arboriculture classes. The Morris reserves the right to cancel any program if necessary. Refunds may take three to four weeks to process. There will be no refunds after a class begins.

#### WEATHER INFORMATION

In case of inclement weather conditions on the day of your class, please call the Education Department, (215) 247-5777 ext. 125 for information on cancellation or rescheduling of the class.

#### Give the Gift of a Morris Arboretum & Gardens Course!

Are you looking for a unique birthday or holiday gift idea? The Morris Arboretum & Gardens offers class gift certificates. For more information or to purchase, call (215) 247-5777 ext. 125.

#### Do you have a passion or expertise to share?

Teach with us! We are accepting course proposals for our fall 2025 course catalog. Please contact Stephanie Bruneau at sbruneau@upenn.edu for a course proposal form.

If you would like to opt out of receiving our course brochure, please email us at education@ morrisarboretum.org with the subject line "Opt out."



look







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- Succulent Cupcake Decorating
- Migration: Gardening for **Monarch Butterflies** From Milkweed to
- Horseshoe Crabs and Birds on the Delaware Bay
  - Garden Guardians Children's Yoga:
- Pruning for the Homeowner
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